

## A MONTH OF NEW CONFIDENCE

This month marked a powerful moment of growth and reflection, as survivors revisited the Anti-Human Trafficking Bureau with newfound confidence and clarity. Sharing their journeys, acknowledging their healing, and expressing readiness to pursue justice highlighted how far they have come—and the hope they now hold for the future.

### • MANJU

Visiting the Anti-Human Trafficking Bureau this time felt very different for me. I felt confident as I stood in front of the Head of the Bureau and shared my journey. I talked about life at the shelter home—our classes, English learning, creative activities, and outings—and how these have helped me grow and feel happy. I also shared my dream of becoming an air hostess and how I am preparing seriously by improving my English and planning to return to school.

I expressed my gratitude to the bureau for rescuing and supporting me when I needed it most. Visiting the room where I was kept right after my rescue reminded me of how scared I was that day. Seeing myself now, I felt thankful for how far I have come and hopeful about my future.

Anti-Human  
Trafficking  
Bureau



## • ASHA

When I spoke at the Anti-Human Trafficking Bureau, I shared my truth from the beginning. I talked about how, when we were first rescued, we lied about our names because we were taught to do so. At that time, we did not even understand that we were victims and that what was being done to us was a crime. When I was rescued, I was very angry and did not trust the organization. I was furious and confused. I was also sent to rehab, and that experience helped me a lot to change.

Slowly, I began to heal. Now, I clearly understand that we were victims, and that the bureau, the organization, and everyone involved were trying to protect and help us. I know now that I must speak for my rights and also raise my voice for other girls who have gone through similar experiences. I believe the criminals must be punished, and I am now willing to file a case as well.

During our rescue, we were in a completely different state of mind. We were afraid, confused, and unaware of what had happened to us or what would happen next. At that time, we felt that the police scolded us and did not speak to us properly. But today, standing in front of the Head of the Bureau, we felt deep gratitude toward the bureau for rescuing us and protecting us when we were most vulnerable.



## • DIKSHYA

Visiting the Anti-Human Trafficking Bureau this time felt very different for us. We felt confident as we stood in front of the Head of the Bureau and shared our journeys. Going to the bureau ourselves and speaking directly about our experiences made us feel glad and happy. It gave us a sense of strength and ownership over our stories.

After returning to the shelter home, I realized how much I had changed. Today, I feel happier and calmer. I am studying at the shelter home and will be going to school very soon. I can clearly see my future. I also visited the room at the bureau where I was kept right after my rescue. Standing there, I remembered how I once sat in that same room filled with anger. Seeing myself now, I felt proud of the person I am becoming. I expressed my gratitude to the bureau and everyone who supported me, because they helped me find a better version of myself.

Through the visit to the Anti-Human Trafficking Bureau, we observed a significant shift in girls' mindset. Earlier, they were fearful and unaware of what had happened to them or what the future held. Today, they are informed, confident, and ready to seek justice. They have expressed their preparedness to file cases against those who caused them harm.

The visit also reinforced their understanding that they have **direct access to the Anti-Human Trafficking Bureau** and are not alone in this process. Knowing that they can approach the bureau whenever support is needed has strengthened their sense of safety, confidence, and hope for a secure future.

**HERE, THE JOURNEY SHOWED THAT THE STRONGEST WALLS ARE NOT THE ONES AROUND THESE GIRLS, BUT THE FEAR AND UNCERTAINTY THEY ARE NOW BREAKING THROUGH WITHIN THEMSELVES.**

**TODAY, THEY STAND INFORMED, CONFIDENT, AND NO LONGER ALONE AS THEY TAKE STEPS TOWARD SAFETY, JUSTICE, AND A MORE SECURE FUTURE.**

**THESE OUTCOMES REFLECT THE IMPACT OF YOUR DEDICATION AND BELIEF IN OUR WORK. WITH YOUR SUPPORT, WE ARE ABLE TO ENSURE SAFETY, CONFIDENCE, AND HOPE FOR THOSE WE SERVE. THANK YOU FOR MAKING THIS POSSIBLE.**



**MARICI**  
Dawn of Freedom



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builders group 1989 inc.